

11-19-20 You Are Over It, But You Can't Quit Yet

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Hey, everyone, welcome to another episode of legendary leaders.



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So,



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you know,



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you may still be working your corporate job



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right now.



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And you've got your business running on the side, and you're doing both and you're

juggling family, you have really mastered the element of time management, and you are watching your personal business growth.



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I mean, isn't it exciting?



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Isn't it exciting to finally, find that sweet spot right to find the balance of your target audience and what they need. And then you found the right words, because you know that you're meant to help these people with this problem. It's just again, it's finding the right combination to open the lock. So then you can share all that you have, with that audience, right? The products or the services that you provide. You're watching this business growth, and you have a strong desire to quit that corporate job. I mean, you are so ready, you're so tired of, you know, making money for someone else,



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you're so excited about the money that you're making for yourself. Because, you know, it's not even about the money, it's about the impact, right?



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The money represents the impact of the lives the you know, the impact on the lives that you have, right, so let's keep that in our brains. Money equals impact. So when I talk about money, I'm really talking about impact. So here's the deal, you can see the impact that you're having, and you're ready to quit, I mean, you are over it. But you, you can't quit yet. He can't there, maybe there's a multitude of reasons. Financially, the business is doing well. But you want to take all the revenue that you're making in your personal business and dump it back into that business so they can continue to grow. Okay, that could be a reason, maybe it's going well, but you you set a quit date, and a financial target and you just haven't hit it yet. You're on pace to hit it. But you're not there, you're cheating on ains. Right, or the holidays are coming up and you're like, ah, in my mind, in my business, I can't wait. I can't wait to have holidays like this. And I want to live my life like that. And you're envisioning what your life is going to be like, whenever you do have the ability to quit your day job, and focus on your business full time. And so you're ready, right? You're tired of waiting?



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So what do you do?



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Well, first, I'm going to tell you, first and foremost, just let yourself feel that emotion for a few minutes. Give yourself permission to feel that emotion. Don't push that emotion down inside of you. Don't tell yourself, I



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can't feel that right now.



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Okay, because here's the deal, you know, me, and you will see a pattern through all of these episodes, that I will tell you, in my personal opinion, and from what I've seen through coaching and the people that I help and the way that I run a business, that the way that I live my life. 99% of the rules we follow are ones that we have created for ourselves, they are rules that we have made up in our own minds. So don't create another rule for yourself. Don't tell yourself, I can't think about that right now.



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That's not gonna happen. I just can't



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i can't allow myself.



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I mean, you already did that once, right? I mean, let's be honest about this one, too. You already took the emotions that you were feeling about this desire to start your amazing business. And you push that down inside of yourself most likely. Now, maybe you didn't, but the majority of women do. Okay, and so that's why I know that and I did. I can speak from experience, I pushed it down. I didn't think that I was supposed to start my own

business. I didn't think that that was where I was supposed to go, I felt like I was being ungrateful. And so I ignored those emotions for



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years.



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So



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you just freed yourself from from all of that, don't create another rule in your brain that says, I can't think about the desire to quit my corporate job. Allow yourself to feel that emotion. If you're tired of working your day job, and you're ready to run your business full time. Allow yourself to acknowledge those emotions. You've worked hard to earn your corporate success you have. But you've also worked hard to generate the entrepreneurial success, that you're now realizing. You've worked hard for both. It's okay. To be excited about the business that you're creating. It's okay to recognize that there's about to be an end to this chapter of your life, so that you can move forward into the new chapter. It's okay. So here, just listen to me. I'm giving you permission to just acknowledge it and live in those emotions, not telling you to act on them. I'm telling you to acknowledge them. If you're going to be amazing at moving yourself and your team and your life and your family and everything forward. You have to get good at simply acknowledging how you feel. You have to be honest with yourself. And what you do with those emotions at the end of the day is your decision. But the first step is to be honest with yourself about what What the heck you feel and what you want in life? So here's the deal. So I'm gonna challenge you to do anytime your mind wants to make a change, we have to honor ourselves, and let our brains think through that desire. Now, when I say that the first thing that many of you may be thinking about, she said, the word desire, that's kind of wrong. I mean, I was raised in the south, let me keep it honest with you. You know, you go to church, and you're like, Oh, no, you can't talk about desire, you can't talk about the wants, because, you know, that's lusting, or that's, you know, looking at something that you can't have. And so we can't acknowledge the things that we want, can't acknowledge that we can't acknowledge our desires, because we were just hold that most of the desires that we have as humans, our lustful desires, right. So just quell that don't acknowledge, don't allow your brain to acknowledge any desire because it could be sinful, or it could be wrong. I'm just telling you, I've heard this, these are sort of things that I felt throughout my life as well.

So I'm trying to bring it all together. So the first thing again, I'm telling you is, if you have a desire to quit your corporate job, and go work full time, in your own business, allow yourself to feel that and be honest with yourself, honor yourself, by letting your brain think through that desire. All desires are not sinful, or bad, or unworthy, or you being ungrateful or you being a bad person, just not there, I said it, okay. Now, I'm not asking you to act on all of it. And I'm not giving you permission to act on all of it. Not that you need my permission. But I'm not telling you to go take action, I'm telling you to let yourself feel it.



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Because once



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we start to feel things, and we acknowledge how we feel about something, then we can make the decision on what type of action we're going to take. Okay? That is the entire point. You have to understand where that emotion is coming from? Is it coming from a situation where someone disrespected you and hurt you, or went against your core values, right, in other words, they crossed your line in the sand, like we've been talking about recently. You have to let yourself acknowledge the desire to leave your corporate job and understand why you have that desire. Because if someone's crossed your line in the sand, you're going to have to take action. But if you don't ever let yourself feel that you're never going to understand that



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you need to take action.



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The point?



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Or here's the other scenario, is it just coming from the fact that you were super excited to get out and keep your business growing and move your business forward. And it's the excitement of that next chapter. You don't know until you look within yourself to figure out why. You see, understanding why you feel the way that you feel is critically important to

the actions you are then going to take. If you don't allow yourself to acknowledge your thoughts and emotions, you'll never realize when someone crossed your line in the sand, meaning you're just going to continue to stay in that place. There really damages your confidence and hurt your personal growth.



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You can't do that.



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You need to find another job if your business can't fully support you, if someone is treating you that way. Okay. On the other hand, here's the other scenario. Understanding that your desire to quit your job is solely because you were excited about your own venture. I mean, you're just ecstatic, right? I mean, you're finally feeling good and starting to feel fulfilled with what you're doing. It's a great feeling. But if that's why you thought you want to quit your day job, it just means you could probably say put if your business isn't ready, okay. probably say put, the corporate world is treating you just fine. Sounds like in that scenario. Yep, that's taking up your time. But you can still be committed to the mission of that company, and provide value to that organization. Learn business information that will help you grow your own business by working for them, okay? And have the security of a paycheck during this time. While you're still growing your business, okay, your bit your personal business isn't being held back, necessarily because you're contributing to someone else's business. So in that instance, it's a win win. I would strongly encourage you not to damage a win win. Right until you don't need to you don't need the first one anymore.



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So



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here's the deal. I know that you are probably ready to quit for many reasons. It's an emotional rollercoaster. It's excitement that you have something going on. It's frustration that you can't focus on it the full time. It's maybe a little resentment of the old life in the corporate world that's holding you back. It could be the fact that people are crossing your line in the sand, it could be that your business is ready to go and is making enough money.

But maybe you're a little scared, but you want to go ahead and do it. And you're excited, you're ready to quit. But you don't know if you can, mentally, you've got to take the next leap. There are so many emotions, and reasons why you could be feeling like you want to quit your corporate job to go ahead and commit to your your business full time. Okay, I'm just I'm here to tell you. And I probably, honestly have felt all of them at some point. But I'm here to tell you, it's okay to feel the way that you feel. It's number one. It's 100%. Okay, be excited about how you are going to, and probably already are impacting the world with your own business. Keep the excitement, don't quell that. Stay excited. But when you're feeling ready to quit, allow yourself the time to understand where the desire is coming from. If the desire is due to poor decisions in the corporate world, you may very well need to leave. period, the end. At that point, you've need to decide when you're leaving, if you can leave and go straight to your business on your own right, if it's enough to sustain you, or if you need to take a stepping stone job in the interim. That's what I always call them, right? The position that's between the corporate world and your own business that still pays the bills, but gives you some time back that's a stepping stone. Or if the feeling is coming from excitement from your own business, and you're ready to go. And you know, there's there's nothing bad in the corporate world, you're just ready for the next chapter. So figure out why allow yourself to feel the emotion and the desire of wanting to quit, figure out where that's coming from. And then based on the fundamental reason for feeling that emotion, then decide what action you're going to take. And it's either stay, because nothing's wrong in the business. And it's just a desire to the next chapter, quit because someone's cross your line in the sand, and potentially move into your own business, or quit and find that stepping stone position. Or it could be the fact that your business is ready for you to step into, you're just a little hesitant. In which instance, you go ahead and draw your own quitting date line in the sand, because your business is ready to support you. And you can do this. And I will tell you from experience that when you're ready to quit, you will know and you know that your business is going to take care of you and you're ready to go, you're ready to step forward. And, and you'll put that line in the sand and it'll all I mean, you'll be a little sad that chapters closing but you're so excited about the next chapter that you just move forward. But you got to figure out why you're feeling the way that you feel. So allow yourself to feel it figure out why. Make your decisions and take action off of that true reason that that's causing your emotion and move forward. And then each time you feel that emotion of wanting to quit, do this over and over and over because your reason could change. Each time you sit down and assess eventually, your personal business should take off and you should be to the point where you want to quit your corporate job because your your personal business will sustain you. But you may not be there today. That's why you have to keep assessing Li yourself to fill it. Ask yourself why? figure out the reason take action as a result. And it could be a different reason each time. So don't push your emotions down. And don't ignore them saying that you've already done this once and you already know the answer.

Because I can tell you, the answer will change. That's my challenge for you today as always go and be legendary.